

**Original Article**

# Fit Of CAD\CAM Frameworks Designed Based on Virtual Implant Positions Versus Actual Implant Positions: A Pilot Invitro Study

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**Submitted:** 7-1-2024

**Accepted:** 14-2-2024

## Abstract

**Aim:** The aim of this study was to evaluate the fit of CAD\CAM frameworks designed based on virtual implant positions versus actual implant positions.

**Subjects and methods:** Five models with 20 frameworks were included. Their cone-beam computerized tomographic images were Planmeca Imaging System and their intraoral surface scans with Medit scanner. The data from these two sources were then merged; the volumetric topography of models was constructed and prosthesis/implant planning was performed using RealGuide software. From these plans, fully computer guided surgical templates and screw-retained Final metal prostheses were manufactured before implant placements using computer-aided design/computer-aided manufacturing process. Dental implants were placed fully guided, the prostheses were inserted and evaluated based on their time spent for construction. The control group was frameworks done by the conventional technique by scanning the scan bodies of actual implant positions after implant placement.

**Results** showed that the difference between the two groups was not statistically significant was reported between two groups regarding fit of frameworks.

**Conclusion:** Preoperative frameworks have the same fit as the postoperative frameworks.

**Keywords:** CAD\CAM , Prefabricated frameworks, Free end saddle, Implants, Guided surgery.

## Introduction

Computer assistance in implant dentistry has been accepted in daily practice and is becoming a hot topic in dental implant research. The accuracy of implant position using computer-guided templates has been validated clinically and proven superior to free hand implant placement. Systemic

reviews, scientific consensus and textbooks on this topic are available <sup>4,5,7,11</sup>. Ganz <sup>5,7</sup> has been studying this field for more than two decades.

In Free end partial edentulous arches, once implants have been placed fully guided and immediate loading is feasible, there are

several methods of fabricating definitive crowns/bridges either directly or indirectly using actual implant positions as the reference. In other words, temporary prostheses made post-operatively involve the physical recording of the implants, their abutments and peri implant tissues, which are physically manipulated in the fabricating process.

With advances in all aspects of digital techniques, precise preoperative planning for implant surgery and prefabricated implant-supported prosthesis has become fit <sup>3</sup>. Prefabricated prostheses can better achieve aesthetic and functional outcomes at the time of surgery <sup>6,9</sup>. Data obtained using cone-beam computerized tomography (CBCT) can be imported into implant planning software programs to analyse the surrounding vital anatomic structures to determine the ideal implant locations <sup>8</sup>. Intraoral scanning devices help create a more realistic view of the intraoral soft tissues <sup>11</sup>. Optimal prosthetic-driven implant placement can be scheduled virtually before surgery using a scanning template <sup>1</sup>. Digital data from CBCT and intraoral scans can be directly transferred to the manufacturer of surgical templates and final prostheses <sup>8, 13</sup>.

## Subjects and Methods

Stone cast of bilateral free end saddle mandibular jaw model was scanned and radiographed using CBCT. The design of the surgical guide was carried out on implant planning software then printed using LCD 3D printer.

After checking the seating of the surgical guided stent on the models. Drilling was initially performed using drills of diameter size of 2.3 mm (pilot drill), followed by 2.8mm drills and followed by 3.4 mm then finally 3.8

mm drills for the placement of implants 3.7x10mm in dimension<sup>1</sup>. The drilling site was cleaned and the fixture installed in place carefully and tightened using contra angled hand piece and a torque wrench.

### I. Pre-operatively fabricated frameworks : (Intervention group)

This group was restored using pre-operatively fabricated frameworks. The virtual scan bodies of the multi-unit abutments were exported to the designing software, the design of the frameworks were done and then exported for CNC computer aided machining.

### II. Post-operatively fabricated frameworks: (Control group)

After the implants installed in the anterior and premolar areas. The multi-unit abutments screwed to the implants. A digital impression using an intra-oral scanner at multi-unit abutment level<sup>2</sup> was carried out by using scan bodies<sup>3</sup> which connected to the six installed implants on the reference cast (control) by hand tightening.

The digital volumes have been exported as STL files and transferred to the designing software. The design then transferred to the computer aided machine.

### Fit assessment :

The fit assessment was binary by applying screw resistance test to the frameworks.

## Results

All data were collected in an excel sheet for statistical analysis. Since they were all qualitative, they were presented as frequencies and percentages. Fisher's Exact test was used to compare between the two groups. The significance level was set at  $P \leq 0.05$ . Statistical analysis was performed with IBM SPSS Statistics for Windows, Version 23.0. Armonk, NY: IBM Corp.

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<sup>2</sup> Medit I 600 lab scanner

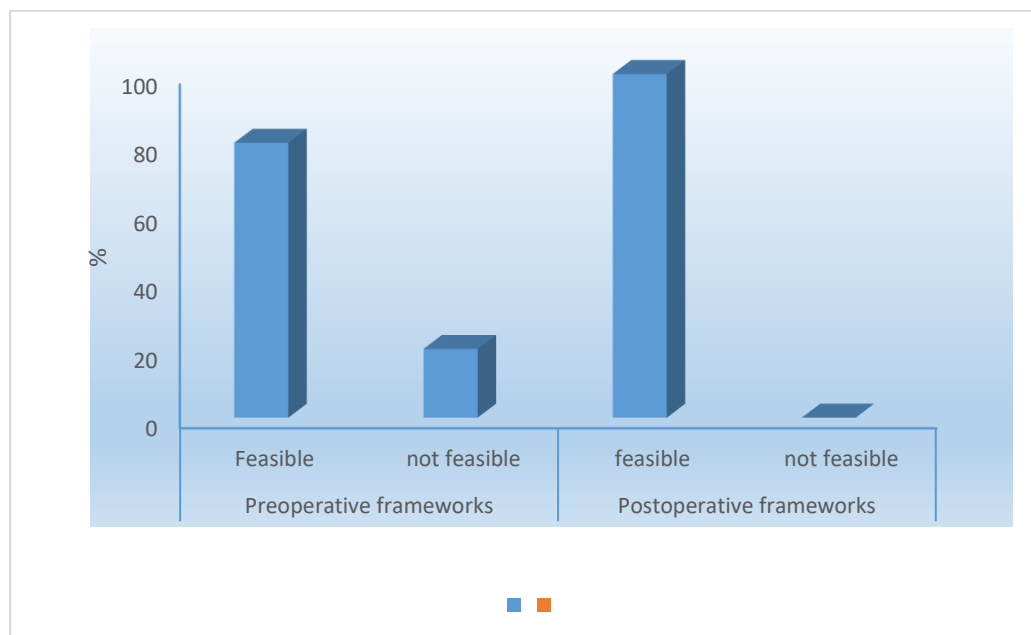
<sup>3</sup> JDental, Italy

**Table (1).** Results of Fisher's Exact test for comparison between overall fit of frameworks

Group	Overall fit				
		N	%		
Group prefabricated	yes	9	90	0.100	NC
	no	1	10		
Group Postoperatively	yes	10	100	NC	NC
	no	0	0		

%; percentage, \*: Significant at  $P \leq 0.0$ , N: number, NC: not computed because of constant variable, OR: Odds ratio

The results showed that no significant difference between the preoperatively and postoperatively fabricated frameworks regarding fit.

**Figure1.** Bar chart representing fit findings.

### Discussion:

This in vitro study compares the fit between the frameworks fabricated before and after implant placement using complete digital workflow.

The need of pre operatively fabricated frameworks is increasing to save time, cost and effort. Also, it encourages the clinicians to adopt the completer digital workflow which facilitates the fabrication of implant supported frameworks with less errors than the conventional techniques,

The merge between the CBCT and intra oral scanning increase the precision of the outcome of the procedure <sup>2</sup>. The use of guided implant placement with computer aided and manufacturing makes fabrication of prefabricated frameworks more precise <sup>5</sup>.

The frameworks that were done postoperatively need digital scans after implant placement while this step was skipped in the other group. The step of taking physical or digital impression will save the time and will be more convenient for patients with gagging reflex or allergy to the impression materials <sup>11</sup>.

The postoperatively fabricated frameworks need 10 minutes for scanning step and importing the scan to the designing software while the computer aided machining for both groups was the same.

The preoperatively group need more adjustments for complete seating of the frameworks. While the postoperative group needed less adjustments which saved more time.

The cost needed for the both groups considered to be same except for the scanning step. The scanning step is important to transfer the actual positions of the multiunit of the implants which lead to more accurate frameworks. This reduces the need to adjustments and the time of adjusting the frameworks while for the prefabricated frameworks, they need more adjustments which increase time and cost for production of accurately fabricated frameworks. But in the

whole procedure of production and adjusting of prefabricated frameworks takes less time than the postoperatively fabricated frameworks.

### Conclusion:

Within the limitations of the study, we concluded that the preoperatively fabricated frameworks have same feasibility than conventional fabricated frameworks.

### Conflict of Interest:

The authors declare no conflict of interest.

### Funding:

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors

### Ethics:

This study protocol was approved by the ethical committee of the faculty of dentistry- Cairo university on:26\5\2020

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